



News Notes

#1086 A weekly bulletin for residents of Auroville 3 July 2025



The Labour of Love—The New Generation. Photo by Katiya (AgniJata)

**Building Matrimandir—A Labour of Love. Auroville 1971—2008.
Friday, 4 July, 4—5pm @ Sangam Hall, Savitri Bhavan.**

To discipline one's life is not easy, even for those who are strong, severe with themselves, courageous and enduring. But before trying to discipline one's whole life, one must at least try to discipline one activity, and persist until one succeeds.

Some Answers from the Mother, p.291

Pondering



Evolution is the strife of a Consciousness somnambulised in Matter to wake and be free and find and possess itself and all its possibilities to the very utmost and widest, to the very last and highest. Evolution is the emancipation of a self-revealing Soul secret in Form and Force, the slow becoming of a Godhead, the growth of a Spirit.

Sri Aurobindo, Essays Divine and Human

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About N&N

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of New and Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- **Monday & Tuesday, 10am—12pm**
in N&N office in Multi Media Center

Hard deadline for submissions: Tuesday 3pm**Poster to publish: Width 9.5cm x Height 4cm**

Katiya & Alexey,
NewsAndNotes@auroville.org.in

House of Mother's Agenda



(continued from last week)

I got a letter from N.S.⁴ in which she said she was almost desperate to have missed the appointment I had given her with A.R. But I am not sure... [that it wasn't just as well]. She says that instead of the time she had been told, she arrived an hour later because she had been somewhere (I forget where), had got completely drenched, and had to change her clothes; she sent word to A.R. requesting him to wait, but when she arrived, he had left. So she doesn't know whether L. didn't get her message, or didn't convey it. And she writes me that at the first opportunity she would like to come and see him.... I had her told that for the moment he had withdrawn, but that as soon as he resumed his activity, I would let her know. But I didn't tell A.R., because...

*For her own sake I wish N.S. meets him, but I don't at all wish he should start expounding to her his great plans for the conversion of India!*⁵

That, of course! I can certainly guarantee that the time hasn't come!

I hope he won't drive N. S. into... useless things.

That's why he didn't meet her!... You see, all that takes place takes place PURPOSELY. We find that very hard to understand, but... one begins to understand it here (*Mother points to her body*), and when I was told they hadn't met, I thought, "It's very wise, this isn't the right time."

Yes, I think so.

That's why I told N.S. I would let her know. So we'll see.

But with this man, I feel I am in front of a secret which I, for one, would need to realize and understand.

Yes, yes.

That's the impression he gives me: he holds something that I would need.

Yes. And what has enabled him to "hold" it is that the mind isn't developed. The proportion of the mind in the combination of the being is sufficiently... poor not to intervene.

It's like that. For a PERFECT realization, the entire being must be illumined; but for an initial realization, it's probably easier for a body that doesn't have a highly developed mind. Since he came here, I've looked a good deal, and I am fully convinced of it. That's why he... You see, for us who have gone up to the highest degree of mental potentiality, it's through that highest degree that we went beyond—it's when the mind realized its highest degree that it abdicated—and that's very good for the integral realization, but generally the body is too accustomed to obeying the mind, not supple enough to be transformed. That's the reason why my mind was sent away.... But that's not a process which can be... recommended to others. Because nine people out of ten would die.

The mind?

If the mind goes away.

Do you think I would die?

Mind and vital.

Ah, yes, the vital, I understand, but if you took my mind away...?

No, mon petit! I refuse to do it! (*Mother laughs*) It must... it must abdicate.

It hasn't abdicated, my mind?

Yes. Abdicate and fall silent.

(to be continued next week)

⁴ A friend of Indira Gandhi, and a minister in the Indian government.

⁵ One typical example of the "mixture of influences" Mother was referring to.

The Mother's Agenda, October 18, 1969

<https://incarnateword.in/agenda/10/october-18-1969>

Gangalakshmi (HOMA)

Townhall Speaks

REMINDER TO ALL FOREIGN DONATION BENEFICIARIES Utilisation Certificates Must Be Signed by Auditors

All Foreign Donation beneficiaries are aware of the requirement of submission of Utilisation Certificates for each Financial Year.

Please note that, with effect from FY 2024–25, all Utilisation Certificates must also be signed by your auditors before submission to the Auroville Unity Fund.

Please verify the opening and closing balances with the Unity Fund before approaching your auditors.

Auroville Unity Fund,
avunityfund@auroville.org.in

From Mass Bulletin

SHORT-TERM TENDER-CUM-OPEN AUCTION

Date: 26/06/2025

It is hereby notified that a Short-Term Tender-cum-Open Auction will be conducted for the sale of "Sulli Veeragu" (small cut tree branches) consisting of diameters ranging from 1 to 2 inches only. The Eligible contractors, firms, and individuals are invited to participate in the auction. The last date for submission tender application is:

7 July 2025, 5pm

Interested parties may inspect the available timber at the yard during office hours, from 9:30am to 5:30pm.

For further details, including terms and conditions, please refer to the official auction document available at www.aurovillefoundation.org.in.

Officer On Special Duty
Dominique, Auroville Foundation

Community News

Matrimandir News & Schedules

AMPHITHEATRE—MATRIMANDIR Meditations at sunset with Savitri 6—6:30pm, every Thursday (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm.
- Guests are requested to bring along their Aurocards.
- **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team



MATRIMANDIR ACCESS INFORMATION

Changes to the Access Policy

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in.
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at mmconcentration@auroville.org.in.
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre.
Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

• The Park of Unity

Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: **9am—3:30pm.**

- **4:30—6pm**, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.

• The Inner Chamber of Matrimandir

Aurovilians with close family and friends (max. 3, not guests):

- **Monday to Saturday** (Tuesday morning Closed) **8—8:35am.** Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in

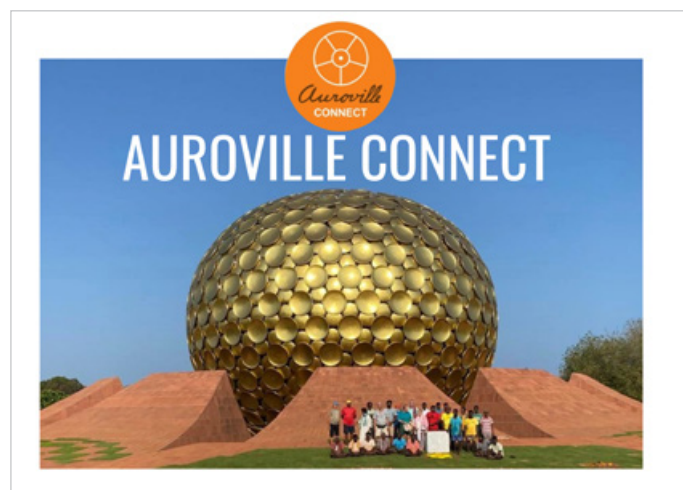
• Thursday Meditations at sunset with Savitri

The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine
for Matrimandir Executives Team

Auroville Connect

AUROVILLE CONNECT JUNE 2025, 3rd issue



[Kindly read the 3rd issue here](#)

From Mass Bulletin

Awakening Spirit

SAVITRI BHAVAN SCHEDULE, JULY 2025



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo':** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm

- **July 7 Meditations on Savitri, Book 8 and Book 9—The Book of Death and The Book of Eternal Night.** Savitri faces Satyavan's death in the forest and follows Satyavan and Death Towards the Black Void and Eternal Night. Duration: 42min.

Awaking at dawn on the fateful day when Satyavan must die, Savitri looks back into her past and relives all that she has been and done in her life. After completing her usual daily tasks, she bows down and prays silently to the Goddess Durga. Then she accompanies Satyavan into the forest for the first time since she came to the hermitage. He happily shows her all the things he loves and calls out to the birds. Satyavan starts his work, hewing wood for the altar and kitchen fires in the hermitage, happily singing the snatches of a sage's chant.

But as he worked, his doom upon him came.... / And he cried to her, "Savitri, a pang / Cleaves through my head and breast as if the axe / Were piercing it and not the living branch. (p.564)

She takes him in her lap and tries to relieve his pain. But he cries out in despair: "Savitri, Savitri, O Savitri, / Lean down, my soul, and kiss me while I die." (p.565)

She presses her lips upon his, but he does not respond. She grows aware that they are no longer alone. An awful hush has fallen on the place; even birds do not call anymore.

She knew that visible Death was standing there / And Satyavan had passed from her embrace. (p.566) She does not yet stand up to face the dreadful god and the limitless denial of all being. Her soul leans out over the body she loved. Then suddenly a great change comes over Savitri: she becomes aware of her high source, and a great Force descends from there into her. She is filled with heavenly strength. Calmly she lays the dead body on the ground and stands up to meet the god. *The two opposed each other with their eyes, / Woman and universal god: (p.574)*

When Death touches the dead body, the luminous Satyavan rises from it and stands between Savitri and the God. He starts moving away slowly. Death follows him, and Savitri moves behind the dark god into the perilous spaces beyond. At first, she follows them in her body, but then she flames out of her body, leaving it on the ground. The three of them are moving forward to the gateway of dark rocks, *Towards the Black Void.* Reaching that borderline Satyavan turns and looks back ... *with his wonderful eyes at Savitri. (p.580)* Death commands Savitri to turn back and return to earth. But instead, her soul stands up like a shaft of fire and light against the midnight blackness piled in front of them.

Savitri then steps into the abyss and undertakes *The Journey in the Eternal Night.* The immense refusal of the eternal "No" falls on Love and Knowledge and the heart's delight. Savitri moves blindly through the all-negating immensity. She can no longer see the figure of Death nor her luminous Satyavan. For many long hours, she endures alone in the

anguish of the void and Nothingness, until she becomes aware of the faint light of her soul. Then once more she hears the footsteps of the god, and Satyavan's form grows into a luminous shadow. Death tells Savitri that only he, Death, lasts and the inconscient Void, and even: *I am the Illimitable, the mute Alone. / I, Death, am He; there is no other God.* (p.593) He orders Savitri to return to earth and abandon all hope to win Satyavan back.

But Savitri answers him: *"I bow not to thee, O huge mask of Death... / First I demand whatever Satyavan... / Desired and had not for his beautiful life / Give if thou must, or, if thou canst, refuse."* (p.588) Death bows his head in scornful agreement and promises to restore Dyumatsena's eyesight and his kingdom. And once more, Death argues and urges Savitri to return to earth.

Conscious of her immortality, Savitri replies: *"World-spirit, I was thy equal spirit born. / My will too is a law, my strength a god. / I am immortal in my mortality. / I tremble not before the immobile gaze / Of the unchanging marble hierarchies / That look with the stone eyes of Law and Fate. / My soul can meet them with its living fire... / Wherever thou leadst his soul I shall pursue."* (p.589,590)

And: *"O Death, who reasonest, I reason not, ... / I am, I love, I see, I act, I will."* (p.594)

And yet, Death threatens Savitri that she will cease to love. But Savitri replies for man to Death: *"When I have loved for ever, I shall know. / Love in me knows the truth all changings mask..."* (p.594) Savitri remains steadfast and does not turn back. The three figures move on through the darkness.

A meditative film made of passages from Sri Aurobindo's epic poem *Savitri—A Legend and a Symbol* read by the Mother, accompanied by Her own organ music and illustrated with paintings done by Huta under the guidance and inspiration of the Mother. The film can connect us to the Divine Presence within, can fill us with the Divine Mother's Love and Light by listening to her voice and lead us towards spiritual truth and the New Consciousness.

The subtitled version is available on the website:

savitribhavan.org > [Study Materials](#) > [Meditations on Savitri](#)

- **July 14 The Great Mystery of Water**—This awarded Russian documentary of 2006 discusses the importance, the memory and structure of water. *Duration: 86min.*
- **July 21 The Teachings of Flowers—The Life and Work of the Mother of the Sri Aurobindo Ashram, Part 1** by Loretta Shartsis: The Mother used flowers for teaching Integral Yoga. *Duration: 54min.*
- **July 28 The Teachings of Flowers—The Life and Work of the Mother of the Sri Aurobindo Ashram, Part 2** by Loretta Shartsis. *Duration: 70min.*

Full Moon Gathering

- **Thursday, 10 July, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

**Building Matrimandir—
A Labour of Love.
Auroville 1971—2008**

- **Friday, 4 July, 4—5pm**
@ Sangam Hall,
Savitri Bhavan.
Everyone is welcome.



Shraddhavan about Savitri Bhavan and Savitri: A recorded talk to visitors from Kolkota



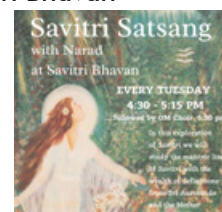
- **Friday, 11 July, 4—5pm @ Sangam Hall**
Everyone is welcome.

18 July: Auroville towards a Sustainable Future—A Film

25 July: Fragmentation and Degeneration—Two Inner Difficulties on the Path—A talk by Manoj

Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by **OM Choir, 5:30pm**



In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother's words on Savitri:

*"Savitri, the Supreme revelation of Sri Aurobindo's vision."
 "... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."
 "... all the rest is preparation, while Savitri is the Message."
 "The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted."*

OM Choir

- **Fridays at 6pm @ Ashram School, Pondicherry**
- **Tuesdays at 5:30pm @ Savitri Bhavan, Auroville**

*The voice that chants to the creator Fire,
 The symbolled OM,
 the great assenting Word. Savitri*

Please join us in this collective aspiration, in the form of a united prayer.

All are welcome, no prior singing experience required.





OM is the signature of the Lord.

OM: I implore the Supreme Lord.

Regular Activities

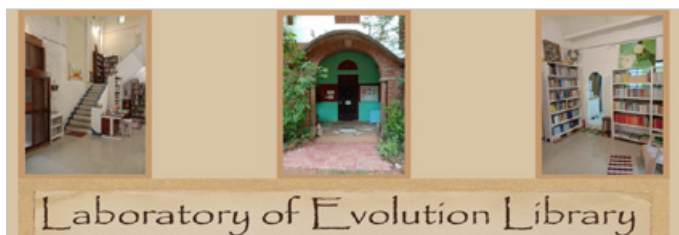
- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4—5pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:30pm** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm
Dhanalakshmi for Savitri Bhavan

A weekly study circle on
The Synthesis of Yoga
 - Sri Aurobindo
 By Deepti Tewari
 4:30 pm - 5:30 pm
Every Tuesday
 Venue :
 Resource Library,
 Bharat Nivas, Auroville

Submitted by Monisha

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building.

Kalyani

Education

Foundation for World Education (FWE)
and Stichting de Zaaier (SDZ):

CALL FOR GRANT PROPOSALS

With regard to grant proposals for possible funding by the Foundation for World Education (FWE) and Stichting de Zaaier (SDZ) in the second half of 2025, a two part-grant application and budget request form is available on request from pcg@auroville.org.in

- **Please submit** your filled in forms and any other documents related to this purpose as attachments to a covering email addressed to: pcg@auroville.org.in
- **Latest** by Monday, 14 July 2025.

Questions and early submissions are welcome.

*Devi, Pala, Sauro, Tineke, Vani
for the Project Coordination Group*

VISUAL MATHEMATICS CLASSES

We are happy to bring back 'Visual Mathematics classes' to **children under 7 years**. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

Snehal, +91 9529673687 WA

LEARNING SPACE

opens doors for kids

of guests, volunteers and newcomers from 1 July

Aarambham Learning Space is open from July 1 for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.



A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey for Aarambham Learning Space team

SUPPORTIVE LEARNING SATELLITE

SLS Team

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAIER. Our service began in 2015 under the umbrella of the Teachers' Center, SAIER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

- Academic or behavioral aspects
- Referrals for children requiring further medical support or assessment
- Advise and help to implement family support
- Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity
- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura for SLS Team

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

SATORI:

Educational Services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078, satori.auroville@gmail.com

Youth Initiative

CRASH COURSE:

Crack Your Interview Successfully

Starts 6 July @ Youth Camp

12 power-packed sessions to help you succeed your interview.

- **Duration:** 12 Classes
- **Venue:** Youth Camp (ILLAM)
- **Limited Seats:** Book Now!
- Contact Ashwini 8270512606 WA

Ashwini

ANOTHER BLIND BABBLE GATHERING!

Friday, 4 July, 5:30—7pm
@ YouthLink, Town Hall

Join us on Friday, 4 July, 5:30—7pm @ YouthLink, Town Hall from, for another blind babble gathering!

What is blind babble?

It's a game we created where you will be put with a random group of people and have the opportunity to delve into deep discussions on topics that one wouldn't usually talk about in a first meeting.

Its purpose is to promote conversations with new people and bring strangers together.

Do I need to bring something along? Nope, nada! just yourself and positive vibes :) See you there !!!

Arunkumar T



Health Care

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

AURODENT:

July Special Offers

Jayasutha for Aurodent

SANTÉ SERVICES SCHEDULE



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (TOS from 13 June onwards)
Physiotherapy & Massage with Galina: Monday—Friday (Available from 16 June onwards)	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: TOS	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,

sante@auroville.org.in,

<http://sante.auroville.org.in>

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm

@ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!



Rotem

AYURVEDA TIPS FOR RAINY SUMMER



Late summer, with its amount of rains, brings lots of humidity and dampness in the air that affect the body and its Dosha in many different ways: Pitta ferments and shows signs of acidity, bloating, inflammation or strong body odour, lots of stagnation and retention felt in the digestive tract. Emotionally unhealthy Pitta becomes bitter, impatient and frustrated in the mind or the heart. Vata gets cold and makes the joints more painful with an irregular digestion and bowel movements and mind might be imbibed with anxious thoughts, worries or lack of concentration. We can help ourselves with the following recommendations:

With the food

- Eat only when hungry and eat the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve the digestion (eg: ginger, turmeric, black pepper, cumin, coriander, cinnamon, ajwain, basil, garlic etc)
- Eat green leafy vegetables, take light dishes made of mung dal, vegetable soups... all pulses and dal are good when cooked with spices (all spices are good apart from red powder-chilli powder)
- For non-vegetarian, eat white meat or small fishes.
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed
- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, rice
- Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- Chew some neem or Tulsi leaves

Some immunity enhancers

- Giloy/Guduchi (*Tinospora cordifolia*), a very good immune regulator; 1tsp of powder morning and evening in warm water
- Amalaki (*amla*): full of vitamin C; consumed fresh if available or in powder
- Turmeric: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt
- Tulsi (*Ocimum tenuiflorum/sacrum*): for the lungs, fresh leaves in warm water
- Ashwagandha (*Whitania somnifera*): immune regulator and calming the nervous system; 1tsp morning and evening in milk or warm water
- Ginger—Turmeric—Black pepper powders (Be No1): improves digestion and energy, ½ tsp with warm water or lemon juice + honey once or twice a day
- Tulsi—Cinnamon—Amla—Ginger—Turmeric—Black pepper powders (Be No3): as prevention or in case of cold, cough, flu, feverish state, body ache, ½ tsp with a sip of warm water or lemon juice + honey once a day if it's preventive, 3 times a day before food if there are symptoms
- Saffron, aloe vera, licorice herbal infusions
- Chyavanprash Avaleha: 1 tsp in the morning with breakfast

Special treat for joint pain and inflammation

- Shallaki Cream or Oil mixed with Castor Oil (Eranda Tailam): massage twice a day the painful joint, it's a painkiller and anti-inflammatory
- Rosemary Essential Oil: 1 or 2 drops with the massaging oil and apply locally. It's anti-inflammatory
- Shallaki Tablets: for arthritis, muscular pain, joint inflammation
- Triphala Guggulu Tabs: to reduce bloating, swelling, inflammatory conditions, 1 or 2 tabs per day before meals (use for short period)

In the activities, help Pitta and Vata to be centred and grounded

- Be grounded in the heart or abdomen with Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- Regular exercise, 30 minutes daily
- Gardening, cultivating, weeding, cooking
- Keep warm, take warm showers, cover your neck from chilled breeze
- Gargling with salty water if sore throat
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth for some time, spit it out and rinse the mouth with warm water (can be done early morning or at bed-time after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril once a day
- 4-5 drops of Castor Oil in the belly button followed by slight massage around the umbilicus at bed time
- Fragrances: sandalwood, rose, jasmine

Let's be all well, happy and healthy.

Be at Santé Clinic



SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head & Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA, auroshruthi@auroville.org.in

Sruthi Sundaram

International

French Pavilion presents

SUNDAY PÉTANQUE:

Call for a Co-Leader

Every week, 4—6:30pm

Since the beginning of the year, our sessions have been a great success. With the playing ground now expanded, we are looking for a volunteer to co-lead the Sunday Pétanque games, every week from 4 to 6:30pm. Goodwill and accountability are all that's needed for this role—no special expertise required.

- If you're interested or would like to know more, feel free to reach out at france.auroville@gmail.com



Vivekan

Unity Pavilion Presents

SENCHA-STYLE TEA CEREMONY



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment:**
+91 9385428400 WA

THE MOTHER'S SYMBOL, Matrimandir & 12 Qualities



ART CLASS with Artist Janakiraman



Priya for Unity Pavilion

Animal Care

DOG SHELTER



Monthly Transparency Report June 2025

Overview

- New admissions: 10 (486 since April 2023)
- Rabies confirmed case: 1
- Adoptions and Releases: 5
- Vaccinations administered: 60
- ABC shelter dog sterilizations: 58
- Deworming: approx. 24

Crowd-Funding Donations Banned in Auroville—Shelter Survival is in Danger!

The Auroville Dog Shelter is facing an emergency that threatens the lives of all dogs and the crucial rabies prevention services it provides to the AV Community. A recent decision by the FAMC and auditors to ban all crowdfunding platforms, including Milaap and Donatorkart, has eliminated a vital source of donations for the shelter. This, coupled with the FAMC's refusal to increase the severely inadequate monthly budget of Rs. 50,000, which falls far short of the minimum running costs of Rs. 3.5 lakhs have pushed the already collapsing old shelter to the brink of collapse.

Within the next month, the shelter will run out of funds, leaving us unable to provide essential food, veterinary care, vaccinations, and dog medication. Our vital sterilization project, which prevents the birth of over 1000 unwanted puppies annually and is critical in a rabies hotspot like Auroville, might have to be terminated as we cannot pay wages for our surgeon and staff.

While the FAMC insists on relying on CSR (Corporate Social Responsibility) donations as an alternative to crowdfunding platforms, our experience shows this is an unreliable and lengthy process, with funds unlikely to materialize before the end of the next financial year in March. Despite repeated attempts to communicate with the Auroville Foundation and the FAMC, our pleas have been ignored.

An inspection team from the Department of Animal Husbandry and the Tamil Nadu Animal Welfare Board is expected soon, and we will inform them of the dire situation and the severe rabies risk Auroville with its hundred thousand of visitors, faces if the shelter cannot provide vaccinations or is forced to shut down.

We urgently appeal to the Auroville Foundation and the FAMC to find a solution that allows the Auroville Dog Shelter to continue its life-saving work. It has now been 2.5 years since the construction of the new self-sufficient shelter was delayed, while the present shelter has deteriorated to a point that makes it unsafe and unusable. The time for action is now. Auroville needs its dog shelter!



Donations received

In June, we received

- Donations through AVI USA for USD 867.28 (Rs. 74.593).
- Donations by kind Aurovilians to our FS account Rs. 19.400
- Donations for sterilisations to our ICICI account Rs. 79.100
- From BCC Rs. 50.000

A total of. Rs. 223.093 and thus again far below our monthly running costs of approx. Rs. 3.5 lakhs.

Expenditures

- **Animal Food:** In June, we fed our dogs 1.5 tons of rice, 1.6 tons of chicken, and 600 eggs, supplemented with donated food items like vegetables and daal, which cost us approx. 1 lakh.
- **Staff Costs:** Total staff costs for this month for our workers, paid animal care staff, 1 veterinarian, 1 surgery vet, 2 vet assistants, and volunteers were approximately. 1.95 lakh
- **Medical Costs:** We need to purchase urgently needed medicines for Rs. 1.3 lakhs, but are unable to do so due to a lack of funds.
- **Infrastructure Improvements:** We are renovating a small area in front of ABC enclosures where the roof has collapsed, and have erected a new fence to create additional space for 10 dogs.

Project "Sterilising 1000 Dogs in 1 Year"

This month, we managed to sterilise 58 dogs until we ran out of medicine. We are asking all dog owners to sterilise their dogs to counter the mass of dumped puppies everywhere and increase health benefits. As we don't have any budget or grant money to provide free sterilisations, we are asking, if possible, for a minimum donation of Rs. 1500 for the shelter. We encourage all Aurovilians and dog lovers to please use this opportunity to do the right thing and eliminate suffering by helping to control the canine population.

- **Contact Shirley** under our new WhatsApp Sterilisation Hotline 8903176612 WA for booking an appointment.

New Auroville Dog Shelter

The project and site application to construct the new Auroville Dog Shelter have been sent to ATDC, and we are hoping that after 2.5 years of delays, we will be able to start construction of the new dog shelter soon. It is a matter of utmost urgency; the old shelter has collapsed, and the next monsoon season is only a few weeks away.

Tine, Arthur for Auroville Dog Shelter Team

Theatre, Music & Arts

AURELEC: GIOVANNA ARYAFARA

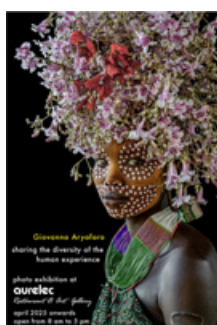
Sharing the Diversity of the Human Experience

Photo exhibition

@ Aurelec Restaurant & Art Gallery, open 8am—5pm, ongoing

Giovanna Aryafara, a photographer, travels the world in search of subjects that awaken our emotions, invoke a sense of shared spirituality, and reveal our world through a minimalist, design-inspired lens.

Her works offer access to the beauty of our Earth, inspired by her love of sharing the diversity of human experience.



Jana for Aurelec

Dance Activities

GARBA: THE VIBRANT FOLK DANCE OF GUJARAT

1 July—30 September, Tuesdays, 4:45—6pm
@ CRIPA, Auroville



Step into an immersive experience of Garba—the vibrant folk dance of Gujarat. Rooted in the celebration of Shakti, this is a living tradition of rhythm, reverence and the collective —deeply experienced during the festival of Navratri! Connect with not just the dance but a whole culture that surrounds it.

- **Contribution:** Pay as per your comfort. Please consider the 3 facilitators, venue, props and items needed. Note that this is not a regular class but an immersion in a culture.

- More details on the following link:
<https://lightwithin.my.canva.site/garba>

+91 8870730567 WA, Megha

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango

Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner, 6:30—7:30pm
- Intermediate, 7:30—8:30pm

Friday

- Workshop, 6:30—7:30pm
- Open practice, 7:30—8:30pm

Contact: +91 8637633696



Mani

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7—Introduction to Tango
8—Improvers
- **Wednesday**
7:30—Guided Practica
8—Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082, tango@auroville.org.in Maud



Theatre, Music & Art Activities

THE WOMEN'S CHOIR 'AUROVILLE HARMONIES' Is Recruiting

You are a woman; You love to sing; Or you want to sing
Join Auroville Harmonies and discover the songs of the world.
Beginners are welcome. Rehearsals resume in mid-July.

- If you are interested, contact Antoine:
antoine@auroville.org.in, +33 620284999 WA

Antoine

SVARAM ACTIVITIES

SVARAM Experience—Sound Garden



- Daily, [see location and timings here](#)
or scan the QR Code

SVARAM Sound Experience



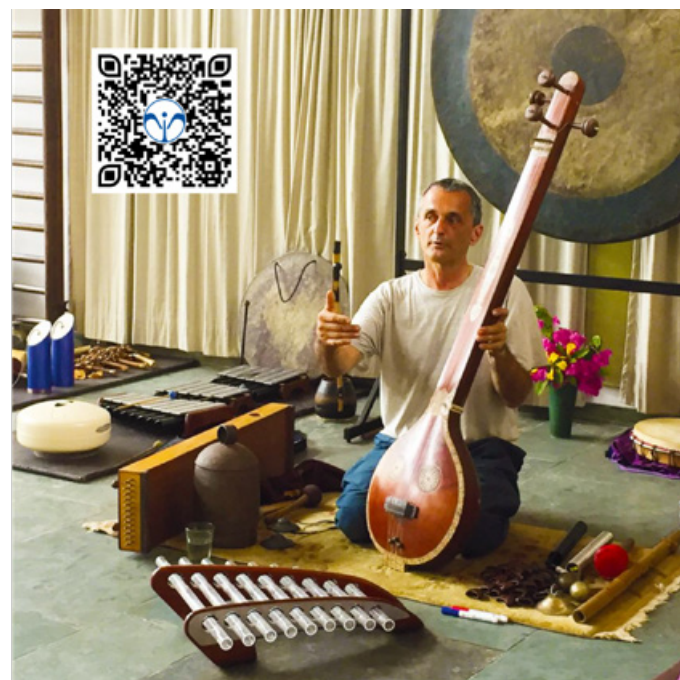
- By Appointment Only
 - Available sessions: Solo, Duo or Group
- Please [click here for details and contact info](#)
or scan the QR Code

SVARAM Musical and Sound Healing Instruments Showroom

- Monday to Saturday, 8:30am—5pm
See location here or scan the QR Code



Creativity & Music in Sound Healing—ISSP Course



- 4—9 August 2025
- By Direct Booking Only

Please [click here for details and contact info](#)
or scan the QR Code

Our Social Media links

- YouTube: <https://www.youtube.com/@SvaramStreams/about>
- Facebook: <https://www.facebook.com/svaram.org>
- Instagram: <https://www.instagram.com/svaramsoundexperience/>
- Website: <https://svaram.org>

Aurelio for the SVARAM Team



Weekly Art Workshops & Sessions

- Watercolour Painting Workshop by Sathya
 - Every Monday, 5—7pm.
- Life Model Drawing Session:
 - Every Tuesday, 5—7 pm.
- Live Portrait by Sathya:
 - Reach out to schedule a session.
- Open Studio: A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

Sathya
for CREEVA Art Studio, Creativity

FOR SOCIALLY RELEVANT FILM

Looking for

- Female,
- Adolescent (sounding) voice,
- Experience preferred yet not condition,
- English and/or Tamil language.

Happily receiving your (vocal) reply on 9751513906

Ulrike Urvasi

Sports & Martial Arts

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

Bharat Nivas presents

KALARIPAYATTU REGULAR CLASS



- Monday to Friday
 - Morning: 6—7am, Evening: 5—6pm
 - @ Bharat Kalari, opp. Sri Aurobindo Auditorium
- Monisha for BN Team

THE ART OF CHI

Stevanovitch Method

New classes with Hans from Tuesday, 8 July onwards

Tai Chi Quan & Chi

- @ Dehashakti outside
- Tuesday and Thursdays
6:30—7:45am

Body awareness & Relaxation

- @ Budokan Dojo, Dehashakti
- Wednesdays, 5—6:15pm

For more info: 8110848123 WA.



Hans

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now: +91 8637633696

Package swimming class



Mani

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tangy and Coach Giacomo

Please note:

- Contribution required
- Be punctual
- Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30—4:30pm**
for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

After many requests, we're thrilled to restart Brazilian Jiu-Jitsu and foundational MMA classes for children at Dehashakti Gym! Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline**, **self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:**
+91 84480 77070

Giacomo for Abhaya

GIRLS' FUTSAL Football Club

Tuesday and Friday, 5:10pm
@ Dehashakti

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Age group 15+ only.
- Contact Beber 6385635943 for details

Beber



AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.

The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. Welcome!

Children/ young students

- **Monday, Wednesday and Friday, 4—5pm**.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

*Cristo, Rita, Surya & Philippe
for Auroville Aikido*



KALPANA GYM

Open 7—9am & 5—8pm Monday to Saturday

Satyakam

Multiple Activities

Announcement to All Aurovilians

COLLABORATE WITH BHARAT NIVAS!

Dear Auroville Community, Bharat Nivas—the Pavilion of India and the heart of our Indian cultural gateway—is inviting collaborations across a wide range of activities: Yoga classes, Meditation, Pranayama and Philosophy courses, cultural exchanges, art workshops, music sessions, and more!

Our vision is to make Bharat Nivas a vibrant, community-driven hub for physical and social development where all residents and guests can learn, practice and grow together.

Whether you are a seasoned practitioner, a teacher in training, an artist or simply passionate about sharing your skills and knowledge, we want to hear from you.

What We're Looking For:

Regular Classes & Workshops (daily or weekly)

- Various Yoga style practices. Pranayama sessions
- Meditation methods (mindfulness, mantra, moving meditation)
- Martial arts offerings (Tai Chi, Silambam, Gatka)
- Talks on Indian schools of philosophy (Vedanta, Sankhya, Sri Aurobindo's Integral Yoga)
- Classical music or dance (Kathakali, Odissi, Carnatic vocals, Tabla, Sitar)
- Ayurveda & wellness sessions (abhyanga, dietary consultations)
- Handicraft & cultural arts (Madhubani painting, block printing, Kathakali mask-making)

One-off Events & Masterclasses

- Short intensives (1–7 days) like a dance & movement workshop
- Long intensives (>7 days) such as a residential Ayurveda immersion or multi-week dance module
- Multi-disciplinary performances (dance-music-yoga fusions)
- Cultural exchanges (guest artists)
- Digital content creation (recorded lectures, podcasts, virtual masterclasses)

Why Collaborate?

- **Share Your Gift:** Enrich Bharat Nivas's offerings and deepen community bonds.
- **Learn & Grow:** Access support from our coordination team, dedicated teaching spaces (Harmony, outdoor spaces, rooftop, Progress & SWACHU halls), and technical resources.
- **Co-create Auroville's Future:** Help build a living laboratory of human unity and integral education.

Interested? Here's How to Connect

- **Email us at bharatnivas@auroville.org.in with:**
 - Your name & Auroville affiliation (Aurovillain, New Comer, SAVI Volunteer). Proposed activity (title, brief description, frequency/dates)
 - Any resources or support you'll need (space, equipment, co-facilitator)
- **We'll follow up** to discuss logistics, scheduling, and how we can support your initiative.
- **Deadline for Initial Proposals July 15, 2025.** Feel free to reach out any time—this is an ongoing, rolling invitation!

Let's come together to co-create a rich tapestry of practice, learning and cultural exchange at Bharat Nivas. We look forward to your ideas, enthusiasm and collaboration!

*Bala, Bharat Nivas
Events & Programs Coordination Team*

Bioregion & Nature Activities

SADHANA FOREST

Plant Based Saturday

- **Every Saturday, see the schedule**

Join us every Saturday for a day of connection, learning, and delicious plant-based food!

Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge

Vegan Potluck

- **First Saturday of the month: 5 July, 6pm**

Join us on Saturday from 6pm for our monthly vegan potluck! It's a fun evening full of tasty plant-based dishes, community spirit, and new friends! Bring a vegan dish to share, or just bring yourself and enjoy what's on the table (yes, there's dessert!).

The potluck is a substance free space. Come hungry, leave happy. Everyone's invited!

Aviram

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from.

- Free guided farm tour only on Saturdays, 11:30am.

For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com



Education at Solitude Farm

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- *Introduction to permaculture through local food:* Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- *Handmade Soap-Making:* By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service

A long term commitment to your health!

A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

*Krishna
for the Solitude farm & café
[Krishna's newsletter!](#)*



MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



- The Make & Take workshops can be booked for any day Monday—Saturday, 10am—12:30pm or 2—5pm.

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—10pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Gingee One-Day Experiential Tour

One-Day Symposium on Gingee and Pondicherry: Its History, People, and Connections

- 12 July, 8am—5pm

Discover the deep-rooted cultural and historical ties between Gingee and Pondicherry in this immersive one-day symposium Led by Prof. A. Chellaperumal, Tagore National Research Fellow, the day offers a unique blend of heritage exploration, sacred sites, village traditions, and artisan interactions. With the theme “Sustainably Rooted in History & Spirit,” the journey unfolds from millet breakfasts to fort hikes, temple visits to village lunches, ending in quiet sunset reflection.

Come experience the people, stories, and spirit that connect these timeless landscapes.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in, 8300949079
Balu for Mohanam Program

ENLIGHT



Explore Auroville



Cycle Tour



Forest Walk



Cooking Class



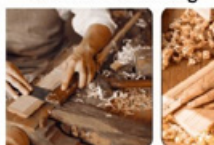
Fireside Drumming



Folk Dance and Music



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in

Arun, Anand and Balaji for Enlight Team

AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.



Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

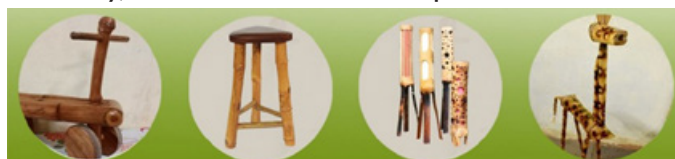
Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

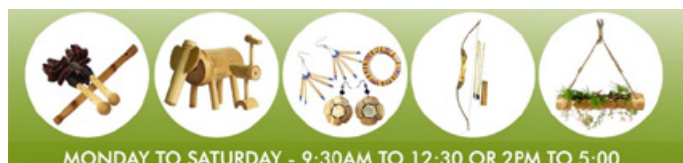
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

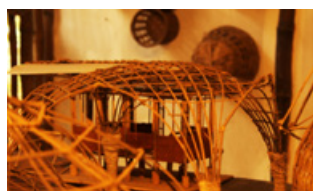
Upcoming Workshops, July 2025

Hyperbolic Paraboloid Dome Workshop

- 4—5 July, 9am—5pm

This workshop focuses on Bamboo Hyperbolic Paraboloid Dome building construction from bamboo and various natural materials.

The Bamboo Hyperbolic Paraboloid Dome workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.



Musical Installation

- 24, 25 & 26 July, 9am—5pm

This workshop explores the intersection of sound, scale, and sustainability by building a large-scale xylophone using bamboo.

The Bamboo Music Installation workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.



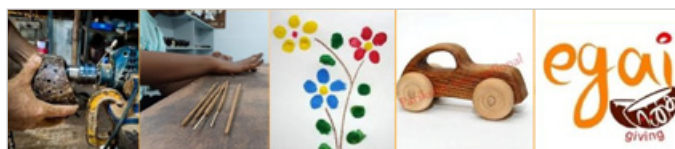
For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu for Bamboo Centre Team

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488, egai@auroville.org.in

Anand

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.



Wellpaper:

+91 9385744722, 0413 2969722

Viji

Office Spaces

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in Siva for ADPS Trust

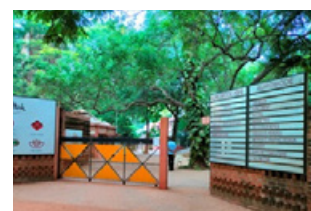
Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Contact Mr. Pandian

at Auromode in person, +91 9943390391 or pandian@auroville.org.in

Pandian



Looking For

Family of 4 Looking for a Long-Term House Sitting

We are a family of 4 with 2 kids, age 2 and 5, newly newcomers, and we are looking for a long-term house sitting in Auroville. We are clean and minimalist people, the kids mostly like to play outside, so an outdoor space would be wonderful. Please feel free to contact me on +916385549802 WA.

Meghan and family

Looking For A Second-Hand E-Reader/Book

I am looking for a second-hand e-reader/book (Kobo, Kindle, or else) to buy.

7410509358, Vivekan

Available

2010 Honda Unicorn motorcycle

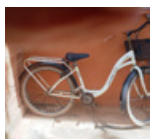
Towards contribution. New engine, carburetor, tires. Contact Jorge at +91 9786296441

Jorge

Bicycle

Towards contribution. Good bicycle, not too used. Accepting offers.

Anandi, Realization,
anandi7@auroville.org.in



TVS Moped, Lightweight, Electric

TVS XL converted to electric is perfect for your daily rides in and around Auroville.* Rides very safe in deep mud, rough roads and loose dirt. Very good condition, includes charger, and is less than one year old. The battery is under warranty. Towards contribution. Contact Darren for a test ride.

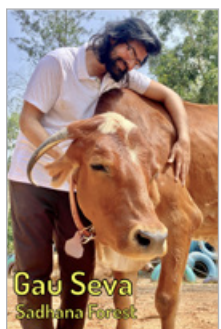


9600263842, Darren

* Only for use in Auroville area due to registration restrictions!

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

Aviram
for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice,
7598911090 WA



Help Needed

MORNING STAR

Help Us Build a Place for Respectful Maternity and Women's Wellness Care

Construction at the Morning Star site is in full swing! This center for community-based natural birthing and women's wellness is deeply rooted in Auroville's values: honoring conscious birth for women of all nationalities, including fathers in the sacred moments of pregnancy and birth; supporting health for women throughout the lifespan—all in a sustainable, beautiful building surrounded by trees and gardens.



To manifest and sustain Morning Star, we are seeking your support—from within Auroville, across India, and around the world. This is your chance to be part of a meaningful step toward the future of humanity. Every contribution—big or small—makes a real difference.



How You Can Contribute

1. Aurovilians (Indian Nationals Only)

You can contribute directly through a Financial Service (FS) transfer:

- Send your FS Transfer to Auroville Unity Fund FS account 240001. Project Name: Morning Star

Once done, please inform us so we can acknowledge and account for your donation properly.

2. Indian Nationals (Outside Auroville)

Please donate via the Auroville online donation portal:

- <https://auroville.org/page/donations>

Select your preferred payment method. In the Project/ Remarks field, enter: Morning Star

3. Foreigners Residing in Auroville (Non-Indian Nationals)

Due to FCRA regulations, direct FS transfers are not allowed. Please follow these steps:

Write a cheque addressed to: Auroville Foundation
Submit it to us or to the Unity Fund at the Financial Service
Provide a copy of your passport

The Unity Fund team will process and route the donation to our project in compliance with FCRA regulations

4. Foreign Donors (Outside Auroville)

Donations can be routed through any of the AVI centers. Please check the Auroville International Centres for more information: http://auroville-international.org/avi_centres/

Our fundraising partners: AVI-USA:

- <https://give.aviusa.org/page/MorningStar>.
 - Donations via Auroville International U.S.A. are tax-exempt.

AVI-UK:

- <https://aviuk.org/fundraising/donate/>
 - Tax-exempt donations via Auroville International U.K. Please mention: Morning Star

All donations are processed through the Auroville Unity Fund in accordance with FCRA rules of India ensuring compliance, full transparency and proper usage.

Need Help?

Our fundraising coordinator, Balaganesh Siva, is happy to assist with any questions about the donation process.

- balaganesh.siva@gmail.com
- +91 98926 99804 WA/ Call

Let's build this dream together and bring conscious, respectful care for women, babies, and families—not only to Auroville, but to the world.

The Morning Star Team,
www.aurovillemorningstar.org

Work Offering

AIAT'S INTERNSHIP COLLABORATION OPPORTUNITY Software Development & IT

Students from the "Software Development & Machine Learning" program at Auroville Institute of Applied Technology (AIAT) are seeking opportunities to contribute to real-time projects as part of their mandatory annual internship requirement.



We are currently looking for projects or roles in the areas of **Software Development and other IT-related domains** either long term projects or short projects. If your Unit or Activity has relevant work, which fits our students profile and would be open to involving our students, we are very much interested in collaborating.

Our experienced staff, with decades of industry expertise, are actively involved in guiding the students and overseeing the quality of project outcome.

Interested Units/ Activities may contact:

- amarnath.t@auroville.org.in,
+91 9994216702 WA

We look forward to building meaningful collaborations that support both student learning and community development.

Amarnath

Work Opportunities

CONTENT CREATION, RETREAT LOGISTICS, Proofreading, Website Updates

Hello, I am looking for people who can support the different areas of my work — content creation, retreat logistics, proofreading, website updates etc.

- Some roles are ideal for interns or volunteers,
- and others could be paid.

If you feel you can contribute to the field of Vedic Astrology, or know someone who might be a good fit, please take a look at this page:

- <https://www.allthingsvedic.in/work-with-us>

You'll find all the details there, along with a short form to be filled.

Vikram Devatha 9843948288,
Submitted by Megha

COLOURS OF NATURE: Looking for a Gardener

We are looking for a gardener to take care of our garden. Basic experience in gardening is preferred. Interested person may contact us at 0413 2622587 landline.

Manikandan for the Colours of Nature,
Auroshilpam

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY seeking for qualified candidates

Auroville Institute of Applied Technology (<https://aiat.edu.in/>) is currently seeking qualified candidates for the position of Assistant Professor in the field of Electrical and Electronics background. Applicants must hold a Master's degree in a relevant discipline.

- Interested candidates are invited to send their CV to info@aiat.edu.in.

Amarnath

Foods, Goods & Services

NATURELLEMENT GARDEN CAFE DISCOUNT Extended for July

Our 50% discount on Thursdays during May and June for Aurovilians, Newcomers and Savi volunteers has received such great feedback that we are now **extending it for July** as well.



Martina for Naturellement

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra
for Auromode Restaurant



RIGHT PATH CAFE SUMMER NEWS



- Cafeteria is closed on Tuesday evenings instead of Monday evenings! Please join us on Monday nights for our full range of dishes, including Korean, Dosas, etc.
- Also, the Cafeteria is now on Dropzy! Please check our Takeaway menu!

Summer is coming. Let's celebrate with special offers at cafeteria visitors centre.

- **Every day, 7:30—9am** 50% Discount for Aurovilians on our organic breakfast items!
- **Every Thursday** 50% Discount for Aurovilians on Korean dishes
- **Every Friday** 50% Discount on non-veg dishes

Reminder! Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer Aurocard holders on all our menus.

Kyonghyon Lee for Right Path Cafe

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan



Vérité
VEGAN CAFE
TASTE OF YOGA
Raw | Gluten-free | No added sugar
Vérité Integral Learning Center



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthy snacks, treats, light lunch & drinks have been designed with utmost care, integrating sattvic principles to promote overall well-being.

Monday to Saturday
08:30 - 16:30

Kathir for Vérité programming

THE SPROUT TIMINGS: DAILY, 7AM—4PM



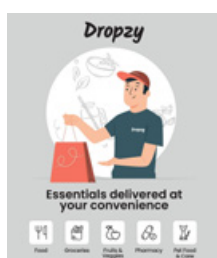
Monica for The Sprout team, www.thesprout.in

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

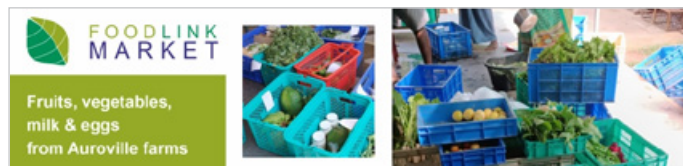
iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

• For more info, call/ WA +91 83002 68804 or pass by.
Isabella for FoodLink

BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Venue: Bharat Nivas Cafe,
Bharat Nivas, Auroville



Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity.

Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Monisha

TAMIL NADU BASMATI RICE

@ Siddhartha Farm

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.

This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.

- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at:
siddhartha.farm@auroville.org.in, +91 8838012456

Available for immediate supply.

Suha from Siddhartha Farm

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET:

Explore the Benefits of Hemp!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.

Daive

LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.

We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

Debo for The Living Room Cafe Team



SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10am

Variety of Dosa and Millets Pongal, Coffee
Rs.99

Submitted by Shiva



ANY TIME DOSA AND PONGAL

@ the Pathway Café

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

Arabinda for Bharat Nivas team



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Open House: 4 & 5 July, 9am @ ITS



ITS Survey

We are surveying to understand your mobility needs and improve the shared transport system, starting with electric ITS Autos. Your input is vital in helping us create an efficient, affordable, and sustainable community-based transport service.

The survey has two parts:

- **ITS Auto Service—In and Around Auroville:** This section focuses on your current transport needs within Auroville and its immediate surroundings.
- **Shared Electric Mobility in Auroville and Pondicherry:** This section addresses your future mobility requirements for travel to Pondicherry and areas around Auroville.

Please take a few minutes to [fill out the Google Form](#).

Thank you for your participation.

Rajesh for ITS

SUNRISE TAXI SERVICE



**Book
A Taxi 24/7**

+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.auroillesunrisetaxi.in



Sathish for Sunrise Taxi



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D

for Shared Transport Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovillian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

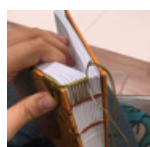
Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- Contact:** + 91 8270071581
 - Primary Email:** rapidcare@auroville.org.in
 - Secondary Email:** rcsrapidcareservice@gmail.com
 - Instagram handle:** @rapidcare1 **Balaji & Arun**

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulapalayam.

8940648542, Michel



AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store (auroville.com) in Aurosarjan Complex

Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

- WhatsApp: <https://chat.whatsapp.com/BY0sYI38DwFFdAffBsCRJ>

AL Majumdar
+91 9843941207 WA

FREE STORE SUMMER TIMINGS



As we move into the summer months, please note the updated operating hours for the Freestore:

Monday to Saturday, 9am—12:30pm

Closed in the afternoon

Kamala for the Free Store team



inside india
DREAMS & MEMORIES

Inside India is **closed on all Saturdays in June**. For urgent matters or emergencies, you may contact our ticketing agent Ganesh at +91 9894598686.

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across **India and Sri Lanka**. Write to us at tours@insideindiaauroville.com to start planning.

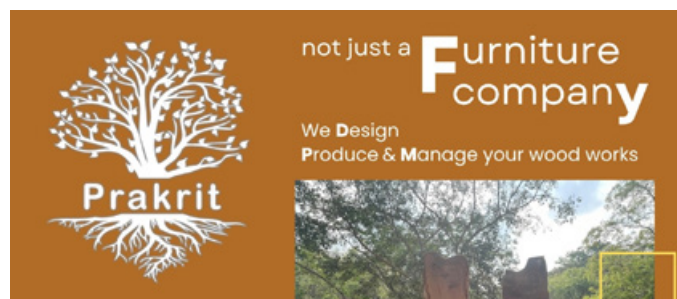
- We are open** Monday to Friday,
10am—5pm,
@ our Kalpana Office in Auroville.

We also offer **Auroville Tours, Bicycle Tours** in the bio-region, and more! Get in touch to know what's on offer.

Have any questions? Need more support on our next flight? We're just a message away!

Shaheen for Inside India Team

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

SARVAM COMPUTERS
Offers Reliable Service



Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

• 0413 2622050, 9443211891, 9786953603

• FS account: 251263

• sarvamcomputers@auroville.org.in

Bala

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour:

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.



South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

• For any of the above services, contact:

• 8098845200 WA/ ph.,
rupavathijoy@gmail.com

Rupavathi

SERVICE AVAILABLE

Gardening work:

- fencing, cleaning, cutting, pruning, planting, digging, Keeth Hut house building any size,

House repair:

- masonry, carpentry, plumbing, Shopping service

Please contact Ranjith, Aurovilian:

• +91 8610997059, subramani13@auroville.org.in

Ranjith

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



• **Contact us for all your procurement needs:**

surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

Poetry

THE POWER SUPPLY IS ON...

The Power supply is on.

It feeds and fuels

Hungry eyes

Glued to the screen

Where dramas play out

To dominate the scene.

With joyful Gratitude, Anandi Z.

REVERE THE MYSTERY

I beg you don't rehearse the event of tomorrow.

It can't ever be as bad or as good as you think.

It could be better.

It's true it could be worse if you go on like this.

Your tears are a curse.

Just leave it alone. Give it breathing space.

You can't be sure it'll end in sorrow.

You can't know that your project will sink

And that you'll end in disgrace.

So what use are these words turning and turning inside you?

You call it using your mind?

Tomorrow all may be changed

And the world have turned incredibly kind.

There may be, if you keep quiet and listen, a cascade of Grace.

Or you may be blissfully dead,

And all these vain words churning need never be said.

All this turmoil because you're afraid of losing face?

O mind, don't you know there's no way you can know,

And that is the terrible mystery of Grace

That prods your self-offering,

The mystery that allows the miracle.

Respect the mystery, love it, adore it

Without anxiously scanning the horizon.

There's nothing for it...

Bow your head, bend the knee!

And see what tomorrow comes out of your mouth,

What your tongue utters

Never the words you chewed up in your head

And that your mind mutters,

But a shower of jewels, flowers! singing birds instead

Or that things more rare and more precious:

Wisdom words or even...its sacred silence.

In you there is an angel waiting in the wings

To make the hour sublime

If you only let him bide his time.

So please, please don't rehearse.

That's not looking ahead.

It's going into reverse instead.

Let it go, let it be.

Let the angel open his pinioned wings.

Look after this minute.

See how the world sings.

Looking at tomorrow invites sorrow.

The only thing that makes sense is the mystery

And the revelation of the ever unfolding, ever-present tense.

Maggi Lidchi-Grassi in her book "Seeds"
Submitted by Ulrike

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Marlenka's weekly Offering—Ep.142](#) (Literature)
- [Savitri—Ep.14: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Soul Tracks S.6, Ep.14—Meditations on Mortality](#) (Music)
- [Cosmic Inner Weather Report—Ep.10 "On Grief- Part 1:Blessed Are Those Who Mourn"](#) (Conversations)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.498](#) (Integral Yoga)

Latest Youtube video

- [Deepti Tewari talks about The Quest in Integral Education | IEPG 5 On Research—Day 1 | SAIER](#)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

Sai Priya
for Auroville RadioTV Team

Paths of Light: Tales of Spiritual Awakening in Auroville

THE CHAIR OF SECRETS:

From Ancient Mysteries to Present

I was walking in the Garden of Unexpected at Matrimandir when my attention was drawn to an intricately designed chair nestled among the greenery. The chair seemed out of place, almost surreal, as if it had a story to tell. As I stood before it, a flood of questions filled my mind.

Who crafted this intricately designed chair? How old is this chair, and what stories could it tell? Was this chair ever used by royalty or significant historical figures? How did this chair find its way to this particular location? What kind of wood and materials were used to create this chair? How many people have sat on this chair over the decades? Has this chair been a silent witness to any significant events? What was the intention of the designer behind this chair's elaborate carvings?

I noticed that the chair was a dark brown colour with beautifully crafted designs. It seemed ancient, as if it had provided a quiet and calm retreat for many over the years. The more I thought about it, the more questions arose in my mind.

Did any spiritual or enlightened beings ever sit on this chair? What meditative or reflective moments might have taken place on this chair? Could this chair hold the energy or essence of those who have used it? What wisdom might this chair impart if it could speak? What emotions or thoughts might have been shared while sitting on this chair?

As I looked at the back of the bench to guess the chair's weight, I couldn't figure it out. Trying to relate it to the cultural aspects of chairs, my thoughts continued.



Is there any historical documentation or lore associated with this chair? How has this chair weathered the passage of time and the elements? Was this chair originally part of a larger set or collection? Who was the first person to ever sit on this chair? What kind of care and maintenance has this chair received over the years? Has this chair been involved in any ceremonies or rituals?

As I bent down to look at the chair more closely, I noticed cultural symbols intricately carved into its surface. My curiosity deepened, and my mind wandered with reflective questions.

How many generations have experienced this chair's comfort? Could this chair be considered an artifact of cultural or spiritual significance? What feelings does this chair evoke in those who sit on it now? Are there any legends or myths associated with this chair? How might the chair's design reflect the era in which it was made?

My mind also began to think about the secrets of the chair and whether anyone had attained realization while using it.

What kind of transformations or changes has this chair undergone? Has this chair been a place for contemplation or deep thought? What secrets might this chair hold from its long history? How does this chair connect the past with the present? Has anyone experienced profound insights or realizations while sitting here? What lessons can we learn from the enduring presence of this chair?

As my mind wandered, exploring the possibilities, I noticed a small boy, no more than four years old, approach with his mother. With the innocence and curiosity only a child possesses, he ran straight to the chair and climbed onto it. His laughter echoed through the garden as he sat there, beaming with joy. He seemed to be in his own world, a king on his throne, filled with pure, unadulterated happiness.

For two minutes, he enjoyed the chair, laughing and smiling, as if he had unlocked the secret to the chair's mystery with his simple delight. Then, he climbed down, took his mother's hand, and they started to walk away. As they departed, the boy turned back to look at me. He smiled, his eyes wide with wonder, his mouth open in a toothy grin.

In that moment, I realized something profound. The chair, with all its history and potential secrets, had given the boy a moment of pure joy. His happiness was untainted by questions or the weight of history. It was a reminder that sometimes, the most profound spiritual experiences come not from seeking answers but from embracing the present moment with childlike wonder and joy.

The boy's smile opened a spiritual path for me. It was as if he was saying that the true essence of life is found in the simple, joyful moments we often overlook. The chair, with its elaborate design and mysterious past, had fulfilled its purpose by bringing happiness to a child. And in doing so, it had also given me a new perspective on the spiritual journey—one that values the present, cherishes joy, and finds meaning in simplicity.

Dr. Lourde Nadin Epinal, PhD
Pitchandikulam Forest

UNTIL THE DAY OF VICTORY

And with all this intense churnings and crashing circumstances that is the Grand Mirror Play compelling enough of the few to sincerely aspire to Be a True Aurovillian:

It's just a matter of

WHEN

the old human world and vessel gets too boring for the awakening psychic and

CHOOSES

Something Else.

Zech

Classes, Workshops & Healing Arts

BODY AWARENESS & RELAXATION

with Hans

Wednesdays, 5—6:15pm, Starting 9 July

@ Budokan Dojo, Dehashakti

For more info:
8110848123 WA, Hans

SHIATSU COURSE

@ Budokan

Aware and conscious Touch, free flowing Energy & meaningful connection.

Explore Shiatsu (Japanese: "thumb pressure") as an Art of Touch and Connection. Study the 12 Meridians of Traditional Chinese Medicine and their link to holistic balance, the Five Elements and the deeper energetic layers of our being. Here is your invitation.



Intro to Shiatsu (Free & Optional)

Getting a sense

- Saturday, 12 July 3—4:30pm
- Saturday, 26 July 3—4:30pm

Join one or both Workshops:

Sinking and 'Synch-ing' deeper

Workshop 1: Foundations & The Five Elements

- Wednesday to Friday, 16—18 July
- Wednesday to Friday, 23—25 July

Workshop 2: Foundations & The Layers of Meridians

- Wednesday to Friday, 30 July—1 August
- Tuesday to Thursday, 5—7 August

Timings

- for all workshop days: 9:30am—3:15pm
- Saturday, 9 August, 1—5pm for Special Practice Afternoon.

Shiatsu is practised fully clothed on mats. The course is suitable for everyone curious about our energetic body, the magic of touch, self discovery and practice.

Facilitated by: Ulrike Urvasi, Quantum Shiatsu, 20+ years of Shiatsu practice & teaching.

For more info and registration: Ulrike Urvasi 9751513906, shiatsuindia@gmail.com.

Because health matters. Because connection matters.

Ulrike Urvasi

MANTRAS & STOTRAS

Traditional Chanting Class

Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

- ☑ Friday - 5 pm (regular class)
- ☑ Drop-in classes available for individuals or groups - book your session

Info: serendipityauroville@gmail.com | +91 8940288090

Friday, 5pm (regular class) @ Serendipity Community

+91 8940288090,

serendipityauroville@gmail.com

Sonia

UPCOMING MINDFULNESS OFFERINGS

with Helen

Miksang: Colour—Mindful Photography workshop

- Saturday, 19 July—9:30am—12pm
- @ Radiance, Aurodam

Miksang is a contemplative photography practice. Meaning 'Good Eye' in Tibetan it is a practice to synchronise the heart, mind & inner being. Miksang invites us to see the world with fresh eyes, to let go of our conditioning, our stories, our techniques. Through practice we open our hearts and minds to the magic of the world.



The session includes an introduction to miksang, mindfulness practices to attune, and then time for practice. In this session we will be focusing on the element of colour. We will explore and perceive color as a pure element of the visual world and deliver this through images.

It is suitable for all—participants just need to bring something to take photos with (a phone is fine).

- Booking is required. To book contact Helen on 7094753054 WA or see innersightav.org

Mindfulness for Stress Reduction—1 week course

- Monday, 28 July—Saturday, 2 August
- 7:15—9:15 Monday—Friday & 9am—3:30pm Saturday
- @ Radiance, Aurodam

The Mindfulness Based Stress Reduction (MBSR) course is recognized as the gold standard in mindfulness meditation. Drawing from practices of vipassana and zen it synthesises ancient Eastern spiritual practices and wisdom with emerging findings from neuroscience, positive psychology & Mind-Body Medicine, and provides practical tools to look within.



We learn to observe our internal experiences with gentle curiosity. This awareness helps us recognise our reactive patterns to everyday stresses, how these reactions manifest in our bodies and mind, and the impacts it has on ourselves and those around us. The course teaches practical tools and techniques that can help us to soften our inner knots and offer the possibility of making healthier choices for improved wellbeing.

The course has been found to help with anxiety, stress, depression, management of chronic pain, diabetes, blood sugar levels, immune functioning & menopausal symptoms. It can also improve emotional regulation, increase focus & build resilience.

All are welcome—whether you're new to meditation, wanting to learn new tools to deepen your practice or looking to integrate mindfulness into your work, or just curious. The course is guided by Helen, a qualified MBSR teacher certified in Trauma Sensitive Mindfulness.

- Booking is required. To book contact Helen on 709475305 WA.
 - For more details: <https://www.innersightav.org/1weekmbsr>
- Individual and group mindfulness sessions with Helen are also available on request.
 - To book contact Helen on 709475305 WA or see innersightav.org

Helen

PITANGA CULTURAL CENTRE



Program from 14 July onward

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Mon-day	Yoga Therapy	8am—9:30am	Gala
	Listening Within	4pm—5pm	Mike
	Hatha Yoga	5:30pm—6:30pm	Priyamvada
Tues-day	Hatha Yoga	7:30am—8:30am	Priyamvada
	Yoga: Restore & Relax	4pm—5:15pm	Florina
Wed-nesday	Yoga Therapy	8am—9:30am	Gala
	Vinyasa Flow Yoga	5:30pm—6:45pm	Florina
Thurs-day	Prana Kriya	7:30am—9am	Florina
	Aviva Exercise—for women only	4:30pm—5:30pm	Suriyagandhi
	Yoga: Restore & Relax	5:30pm—6:45pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45am—8am	François & Namrita
	Yoga Therapy	8am—9:30am	Gala
	Vinyasa Flow Yoga	5:30pm—6:45pm	Florina
Satur-day	Breathing & Mudra	8am—9:30am	Gala
	Hatha Yoga	4pm—5pm	Priyamvada

Classes by Prior Registration

Please note, you can call us for appointments from 7 July onward or send us an email.

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults	3pm—5pm	Gala
Friday	Neurographica®—Art Therapy for families	3pm—5pm	Gala
Saturday	Odissi Dance—advanced	5:15pm—6:30pm	Rekha

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Auromira	Shamanic Healing
Juan	Thai Yoga Massage

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm—5:15pm	Lisbeth, Florina

New Activities

• Listening Within

A guided exploration by Mike

- Mondays 4—5pm

Through stillness and silence we will listen deeply into our bodies. Tuning into the natural workings of our being, feeling its physical/ subtle rhythms taking place in our bodies. Letting go of any sort of technique/ method or meditation we will attempt to tune directly into Presence.

Letting go of any form of technique/ method/ meditation approach or any form of “doership”, instead our intention will be to listen directly into the depths that govern our life, By listening deeper and deeper within... “In absolute silence sleeps an absolute Power”. Sri Aurobindo

Pitanga joins Auroville’s journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Andrea for Pitanga Team
2622403/ 9443902403 WA
info@pitanga.in



World Game Summer Play!

Here is an opportunity to create ‘your World’ in a box filled with sand. This simple activity, known as ‘Sandplay’ opens up imagination and intuition, and reveals your own unique living soul.

What people say: “It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one’s world. What was being built revealed a lot about my life trajectory and future orientation.”

The duration of a session is 1.5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Submitted by Aikya

ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	<ul style="list-style-type: none"> Yoga of Mother and Sri Aurobindo Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) Mother's Flower Medicine (vibrational remedy) Individual Sessions and Groupwork Psychosomatic Therapy and Breath Therapy Consciousness/ Energy/ Body Work based on Integral Yoga <p>Only by appointment baritam@auroville.org.in</p>
Pepe	<ul style="list-style-type: none"> Body Logic Soft Massage Deep Tissue Massage Monday to Saturday <p>By appointment, +91 9943410987</p>
Silvana TOS	<ul style="list-style-type: none"> Cranio-sacral Lomi Lomi Kahuna massage Barefoot body massage <p>Monday to Saturday, by appointment only +91 9047654157</p>
Antarjyoti <i>English & French</i>	<p>Psychospiritual Introspective Tarot Reading</p> <ul style="list-style-type: none"> Deconditioning Self Inquiry I ching oracle Inner/subpersonalities forces awareness <p>Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr</p>
Niyati Thakkar	<ul style="list-style-type: none"> Integral Regression therapy Integral reiki healing Holotropic technique breathwork <p>Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in</p>
Shruti	<ul style="list-style-type: none"> Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice <p>By appointment only, +91 7904769496 auroshruthi@auroville.org.in</p>

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and well-ness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adiitva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Ramana, Arka

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.

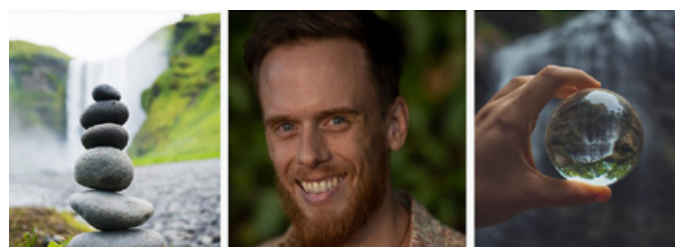
- Please note updated timings:

- Mornings: Monday & Wednesday,
- Afternoons: Tuesday & Thursday
- Full Day: Alternate Friday or Saturday

Kardash

INTEGRAL UNFOLDMENT

Life Coaching (Aletheia Coaching School)



Are you feeling stuck? Looking for a renewed purpose?

Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

By Dave (JOI Anitya),
+44 7564119728 WA

VÉRITÉ PROGRAM, JULY

www.verite.in

Yoga & Other Classes

0413 2622045, +91 9363624083 WA

programming@verite.in



Days	Drop-in Classes	Timings	Presenters
Mon-days	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Peace with Pranayama	5—6pm	Mamta
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yin Yoga: Deep Stretch & Relaxation	9:15—10:15am	Jivitesh
	Pranayama and Dharana	3:30—4:30pm	Kalidas
	Yoga Asana: Deep Stretch & Relaxation	5—6pm	Radha
Wednes-days	Pranayama & Vocal Toning	7:30—8:30am	Nikki
	Surya Namaskar: Yoga Foundation	9:15am—10:15am	Jivitesh
	Deep Sound Bath	5—6pm	Satyayuga
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Connect to the Inner Self: Stretch, Meditate & Journal	9:15—10:15am	Jivitesh
	Pranayama & Dharana	3:30—4:30pm	Kalidas
	Yoga Asana	5—6pm	Radha
Fridays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Breathwork Foundation: Learn, Practice & Integrate	5—6pm	Jivitesh
	Taralaya Flow Dance (No Class on 4)	5—6:30pm	Vera
Satur-days	Deep Sound Bath (No Class on 5)	5—6pm	Satyayuga
	Sivananda Yoga	5—6pm	Mani

Workshops

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 4 July	Breathe to Restore: Exploring Pranayama for Holistic Well-being	9:15am—12pm	Dharani
Saturday, 5 July	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 5 July	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta
Friday, 11 July	Awareness Through the Body: Explorations	9:15am—12pm	Amir
Saturday, 12 July	Yoga Nidra: Deep Relaxation	9:15am—12pm	Kalidas
Saturday, 12 July	Introduction to Ayurveda & Its Lifestyle	2—4pm	Dr Geeta
Friday, 18 July	Rise in Love: Yoga	9:15am—12pm	Jivitesh
Saturday, 19 July	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 19 July	Face & Eye Yoga	2—4:30pm	Mamta
Saturday, 26 July	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani

Breathe to Restore: Exploring Pranayama for Holistic Well-Being with Dharani

- Friday, 4 July, 9:15am—12pm

Explore pranayama (yogic breath) through traditional wisdom, modern scientific research, & guided practice. Experience how balancing, energizing, & calming breaths affect the brain, heart, & nervous system. Learn accessible tools to integrate into your daily life. Open to all — no prior experience needed.

Pawanamuktasana Series: Energize the Joints with Mani

- Saturday, 5 July, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- Saturday, 5 July, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.



Treatments and Therapies

By appointment: treatments@verite.in

+91 413 2622 606, +91 9363624083 WA

Therapist	Therapies (by appointment only)
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage with Hair Care
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage
Marion	Chakra Balancing
	Access Bars: Energetic Head Massage

Aparna & Anandhi

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment call or WA: 9443635114.**

Meha for Auromode SPA



SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.
- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.



- **Contact** 9385428400 call/ WA to book your session today! Donation Based **Submitted by Isha**

Languages

NEWS FROM

Auroville Language Lab, 3 July

Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.

- Send an email to tomatis@auvillelanguagelab.org.

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book! Check it out: <https://books.aurovillelanguagelab.org>
- To enquire or register: tomatis@auvillelanguagelab.org or call 0413 2622467 or 3509932.

Courses

Current Schedule of Classes, 3 July

See details here:

- <https://aurovillelanguagelab.org/current-schedule/>

NEW! Intensive Beginner German Course

Start Speaking in Just 1 Month! Get Started!

- A free introductory session:
Thursday, 1 July, 9:30am @ the Lab

Discover the course details, ask questions, and see how quickly you can start speaking German!

Are you ready to speak German with confidence?

Join our fast-paced, immersive Beginner German Intensive and transform your language skills in just one month!

Why Join Us?

- **Daily Practice:** Classes run Monday to Saturday (1—1.5 hours/day) for maximum progress.
- **Real-World Skills:** Focus on practical speaking and listening from day one.

- **Essential Foundations:** Master key grammar and vocabulary in a supportive environment.
- **Build Confidence:** Start real conversations and connect with fellow learners.

Don't miss out. Reserve your spot today and take the first step towards fluency!

Japanese for Beginners

We are pleased to announce the launch of a comprehensive Japanese course for beginners, designed to follow a structured syllabus using the renowned textbooks "Min-nano Nihongo—Books 1 and 2". This program spans 1.5 years, with classes held once a week for 1.5 hours. Students will be required to purchase the textbooks.

The course will be taught by Naoko d'Anjou, a professionally trained instructor in Japanese language education. We are fortunate to have her expertise guiding this class.

We are seeking three highly committed students who are prepared to fully engage with the coursework. In addition to weekly classes, students will be expected to complete assignments and dedicate time for self-study and review outside of class. The course will be conducted entirely in Japanese, without translation, to create an immersive learning environment.

This program places a strong emphasis on mastering Japanese sentence patterns, oral communication, reading, writing, and kanji. Our goal is for students to reach JLPT N4 proficiency within six months and JLPT N5 within one year. Consistent pre-class preparation and post-class review are essential.

If you are ready to commit to this 1.5-year journey and are serious about learning Japanese, please send an email to info@auvillelanguagelab.org with the subject line: "Japanese".

The moment we get the required minimum of 3 registered students will determine the course start date.

Course Objectives:

- Learn beginner Japanese using "Min-nano Nihongo—Books 1 and 2"
- Study kanji alongside grammar and vocabulary
- Focus on sentence patterns, oral practice, reading, and writing
- Achieve JLPT N4 level in 6 months, and N5 in one year
- Commit to weekly self-study and review

We welcome your inquiries and look forward to hearing from dedicated learners ready to embark on this rewarding language journey.

So far, we have received just one (1) serious registration; unless we get at least two (2) more we will have to cancel the offering.

Private and group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Intermediate English with Ashwini:

- Wednesday and Friday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

Head on over to the Lab's online form and complete your registration now so that we can keep you posted! <https://aurovillelanguagelab.org/registration/>

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher for one-on-one lessons. The ideal candidate will possess a native-level command of Arabic, along with a passion for language instruction. Prior teaching experience and the ability to tailor lessons to individual student needs are desirable.

If you are enthusiastic about sharing your expertise and helping learners achieve fluency, we would love to hear from you! To apply, please send a brief cover email outlining your experience to:

- info@aurovillelanguage.org.

Coming Soon! Pre-Intermediate English w/ Ashwini

There are plans for taking on a new batch of beginner English students some time mid-July (depending on registration take-up).

Keep an eye out for confirmed dates in upcoming News & Notes and the Lab's online course schedule here

- <https://www.aurovillelanguage.org/current-schedule/>

Spoken Hindi for Beginners with Ashwini

- New class starting in June with specific dates to be confirmed, Wednesdays and Fridays, 5:30—6:30pm

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

French classes with Auroasha

Auroasha is pleased to offer a new beginner French course, starting 7 May and continuing through June. This course is designed for complete beginners who wish to start their journey in learning the French language and culture.

Course Details:

- Instructor: Auroasha
- Wednesdays and Fridays, 3—4:30pm
- Starting 7 May, open to all adult beginners

Auroasha's classes will focus on building foundational skills in French, including essential grammar, vocabulary, and pronunciation, through interactive and practical activities. The aim is to help participants gain confidence and fluency in everyday communication, as well as an appreciation for Francophone culture.

The emphasis will be on active participation and practical language use, ensuring that learners can quickly begin to communicate in French and understand the basics of the language.

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org. Don't miss this opportunity to start learning French in a friendly and supportive setting!

Tamil (Beginner) with Saravanan

- Next course starting on 1 July. Tuesdays and Fridays, 9:30—10:30am.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Italian—Beginner Level

- Registration Open

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguage.org/registration/>

Beginner Spanish Course with Mila

- New class starting in August with specific dates to be confirmed, Mondays and Wednesdays, 2:30—4pm

This comprehensive beginner Spanish course, led by our veteran instructor Mila, is designed to equip you with the fundamental skills needed to understand and speak Spanish. Over the course of three months (36 hours), you will delve into essential grammar, vocabulary, and pronunciation, enabling you to engage in basic conversations and navigate everyday situations in Spanish. Whether you're planning a trip to a Spanish-speaking country or simply want to expand your language skills, this course offers a supportive and immersive learning environment to kick-start your Spanish language journey.

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Tuesdays:** Spanish with Gloria
- **Wednesdays:** Sanskrit chanting w/ Remesh 5:30—6:30pm
- **Thursdays:** We are looking for a new anchor to host one more meet-up for English.
- **Fridays:** Conversational Hindi with Smriti, 5—6pm

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Current Schedule of Classes, 3 July

Lan- guage	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30—10:30am	Tuesday & Thursday Monthly with Rupam
	Pre-Intermediate & Intermediate	10:30—11:30am	Tuesday & Thursday Monthly with Rupam
	Creative Writing	9:30—10:30am	Monday & Wednesday Monthly with Rupam
	Learn English through theatre	11am—12pm	Monday & Wednesday Monthly with Rupam
	Intermediate with Ashwini	4:30—5:30pm	Wednesday & Friday
	Kids with Ashwini	4:30—6pm	Tuesday & Thursday
French	Beginner Adults	3—4:30pm	Wednesday & Friday with Auroasha
	Beginner Children	3—4:30pm	Wednesday & Friday with Jade
Tamil	Beginner	9:30—10:30am	Starting 1 July with Saravanan
German	Beginner Intensive	TBC	Starting 3 July with Benedict
Hindi	Spoken Beginner	5:30—6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	Registration Open with Karuna

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- For language-related matters: +91 9843030355WA.
- For Tomatis please use 0413 3509932.

*Mita, Mano, Louis & Vismai
for Auroville Language Lab*

LEARN ENGLISH AND HINDI

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.

Ashwini, Aspiration



Cinema

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note: Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 4 July

Fifteen Minute City: Urban Planning Solution To Climate Change

- 18 minutes/ 2023/ CNA Correspondent

First documentary talks about the idea of a 15-minute city, seen as a key climate solution, fostering sustainable living, and enhancing quality of life. It showcases how this is being done in different cities around the world.

Preserving A Dharma Kingdom

- 22 minutes/ 2024/ Jangsa Trust

Second documentary emphasizes the importance of preserving spiritual and cultural heritage while promoting sustainable living practices in Bhutan to ensure long-term health of both the environment and society. It highlights the balance between modernity and tradition, underscoring the significance of stewardship for future generations.

Aviram

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
7—13 July

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday, 7 July, 8pm

Sona Dhwandi Bhed Te Suchha Pahad
(The Gold-Laden Sheep and the Sacred Mountain)

India, 2018, Writer-Dir. Ridha Janve w/ Lekendra Gurung, Arjun Pant, and others, Mystery, 97mins, Nepali-Hindi w/ English subtitles, Rated: NR (PG)

In the upper Himalayas, Arjun, an aging Gaddi shepherd, hears of a fighter jet crash on a sacred mountain. Tempted by the promise of reward, he quietly leaves his flock in the care of his young helper, Bahadur, and sets off alone. But while the mountain is sacred, his intentions are not. As he ventures deeper into the mist, the line between myth and reality begins to blur. What unfolds is a quiet, visually arresting journey into the heart of belief, temptation, and the silence of the mountains. *Trivia: Shot in 21 days in the high Himalayas using solar-charged battery-powered equipment.*

Potpourri—Tuesday, 8 July, 8pm

La folie des grandeurs (Delusions of Grandeur)

France-Spain-Italy-WestGermany, 1971, Writer-Dir. Gérard Oury w/ Louis de Funès, Yves Montand, Alice Sapritch, and others, Parody-History, 85mins, French-German-Spanish w/ English subtitles, Rated: PG

In 17th-century Spain, Don Salluste, a disgraced royal minister, plots revenge on Queen Marie-Anne by using his sharp-witted former valet, Blaze, as bait. But Blaze harbors a secret: he's in love with the queen. A timeless French classic—witty, theatrical, and delightfully subversive. A must-see for lovers of satire.

Selection—Wednesday, 9 July, 8pm

Brokeback Mountain

Canada-USA, 2005, Dir. Ang Lee w/ Jake Gyllenhaal, Heath Ledger, Michelle Williams, and others, Drama-Romance, 134mins, English-Spanish w/ English subtitles, Rated: R

In 1960s Wyoming, two young men take a summer job herding sheep on a remote mountain. What begins as companionship turns into a secret, lifelong bond—tender, conflicted, and impossible to forget. Through marriages, distance, and time, their love endures in silence, shaped by longing, fear, and the weight of a world that won't understand. *A much-acclaimed film!*

Interesting—Thursday, 10 July, 8pm

The Zebra & the Bear

USA, 2024, Writer-Dir. Patrick O'Connor w/ Amber Olson and others, Documentary, 84mins, English w/ English subtitles, Rated: NR (PG)

Filmed over seven years, this film follows a mother's fierce determination to save her daughter from a devastating ultra-rare disease. Her journey leads her to raise millions of dollars and help drive the development of a groundbreaking gene therapy—reshaping not only her child's future, but the future of medicine itself. *We're delighted to present this powerful and inspiring documentary, brought to you, courtesy of ROCO Films.*

International—Saturday, 12 July, 8pm

I Byeol-e Pil-yohan (Lost in Starlight)

SKorea, 2025, Writer-Dir. Han Ji-won w/ Cristina Valenzuela, Maitreyi Ramakrishnan, Justin H. Min, and others, Sci-Fi-Animation, 96mins, Korean w/ English subtitles, Rated: PG
 Nan-young, a brilliant young astronaut, has long dreamed of reaching Mars—where her mother vanished decades ago on a doomed mission. When she's finally selected for a new expedition, she crosses paths with Jay, a musician who repairs vintage audio gear. As their bond deepens, so does the pull between love and destiny. Set in 2051, this hand-drawn animated film blends romance, memory, and cosmic longing with stunning visual artistry

Children's Matinee—Sunday, 13 July, 4pm

Dog Man

USA, 2025, Writer-Dir. Peter Hastings w/ Pete Davidson, Poppu Liu, Lil Rel Howery, and others, Action-Animation, 89mins, English w/ English subtitles, Rated: PG

When a cop and his loyal police dog are fused in a freak accident, they become a new kind of hero—half man, half mutt. As they battle a villainous cat and his army of clones, chaos and comedy collide in this wildly inventive animated adventure for kids and grown-ups alike.

A Request to Parents and Guardians: The chairs' springs are old, and frequent bouncing and swinging damages them. With zero budget for repairs, we ask parents to ensure seats are used gently. Your support will help continued matinee screening and will help preserve our venue for everyone's enjoyment. Thank you!

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 13 July, 8pm

Third Man

UK, 1949, Dir. Carol Reed w/ Orson Welles, Alida Valli, Joseph Cotton and Others, Thriller—Film-Noir, 104 mins, English—German w/ English subtitles: Rated: PG

Pulp novelist Holly Martins arrives in post-war Vienna, lured by an old friend, Harry Lime—only to find Lime has just died in a suspicious traffic accident. As Martins questions Lime's associates, he uncovers conflicting accounts and is drawn into a murky world of secrets, suspicion, and the city's thriving black market.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We are facing challenges in maintaining and replacing equipment, as well as providing essential support for visiting filmmakers who share their work in person. We kindly request you to set up a recurring contribution for "MMC-CP" or "Filmmaker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/ CP, Group Account# 105106,
mmcauditorium@auroville.org.in